



# Iowa Alcohol Profile

## Morbidity



After adjusting for age, Iowa has the **6th highest** alcohol-associated cancer incidence rate in the country

**21%** of all admissions into a substance abuse treatment facility in 2018 involved alcohol



## Mortality



**37%** of crash fatalities in 2019 were from alcohol-impaired driving crashes

From 2010-2019, nearly **13%** of accidental drug overdose deaths involved alcohol



In 2018, the alcohol-associated cancer mortality rate was **32.6 deaths per 100,000**

## Cost



According to the most recent data, the total cost of excessive drinking in Iowa is nearly **\$2 billion**

The total cost of excessive drinking in Iowa is **\$1.59** per drink



## Alcohol Policy Landscape

The **Alcohol Policy Scale (APS)** assesses 29 state-level policies from 1999-2018 and assigns all 50 states plus the District of Columbia a score out of 100. A score close to 100 reflects a strong alcohol policy environment. A state rank of 1 demonstrates the most restrictive alcohol policy environment, while a rank of 51 demonstrates the least restrictive policy environment.



Overall score of **33.1** out of 100



Ranked **48th** out of 51

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# References

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