Investigating Alcohol's Impact on New Mexico

Ted Alcorn

Oct. 6, 2022

Throughout, feel free to add questions to the chat and I will try to answer along the way.

About me

- Raised in Albuquerque, NM
- MHS, MA at Johns Hopkins University's Bloomberg School of Public Health and School for Advanced International Studies
- Independent journalist for national + local outlets primarily covering:
 - Hepatitis C, organ transplant, hospital anti-trust
 - Substance use and treatment
 - Police, prosecutors, jails, prisons
 - On occasion: science fiction, opera, yoga, waacking



The Albuquerque Tribune



Alcohol blurs line between









Hit the high road for changing of the colors — Options, C1

The Albuquerque Tribune

18 children hurt in APS bus collision

Cities breathe easy after smoking ban

They mine the liquid gold that weighs Gallup down





Welfare system to be drastically changed

The coach's ego lost the gold for U.S. basketball - Sports, B1

The Albuquerque Tribune

House passes Indian gambling legislation

SDI chief resigns from post

NASA gives go-ahead to Discovery



New liquor licenses for NM restaurants 'wildly successful'

BY DAN MCKAY / JOURNAL STAFF WRITER

TUESDAY, AUGUST 9TH, 2022 AT 5:26PM



A 2021 state law aims to make it more affordable for restaurants to serve spirits made by local companies, such as Left Turn Distilling. (Roberto E. Rosales/Albuquerque Journal)

SANTA FE — Plenty of new restaurants are embracing the chance to pour New Mexico-made gin and vodka under the state's reshaped liquor-license system.

But the home delivery of alcoholic drinks hasn't taken off quite as fast, according to a presentation to legislators.

Man charged after driving SUV into Gallup parade, injuring 15

By KOB

Updated: August 5, 2022 - 11:18 PM Published: August 4, 2022 - 11:12 PM

GALLUP, N.M. — A 33-year-old Pinedale man was arrested and charged with DWI after driving an SUV through the **Gallup Intertribal Ceremonial parade** Thursday night.

33-year-old Jeff Irving is accused of driving through the parade. 15 people were injured – including two Gallup police officers, Gilbert Gonzales and Elijah Bowman.

According to the criminal complaint, Irving had a blood alcohol content of 0.24 – three times the legal limit – and was driving with a revoked license due to a previous DWI. He reportedly admitted to drinking "two cans" of beer before driving, and multiple open containers were found in the vehicle.

The complaint states Irving and his brothers – Davis and Dave Begay – were watching the parade in a 1999 Chevrolet Tahoe SUV. Around 7:50 p.m., they decided to leave in the SUV and took off east on Coal after two Gallup police officers tried to stop them.

Police tried to get parade participants out of the road as the SUV drove down Coal, turned onto South 2nd Street and then U.S. Route 66 where he crashed into a parked vehicle near the Red Shell Jewelry store. Police removed Irving and his brothers from the SUV after finally getting them to stop.

The two brothers were detained and taken to the Gallup Detox Center.



Irving is facing 21 charges:

- Aggravated DWI
- Third-degree felony aggravated fleeing
- 14 counts of misdemeanor leaving the scene of an accident
- One felony count of leaving the scene, resulting in great bodily harm
- · Driving with a revoked license

About the investigative series



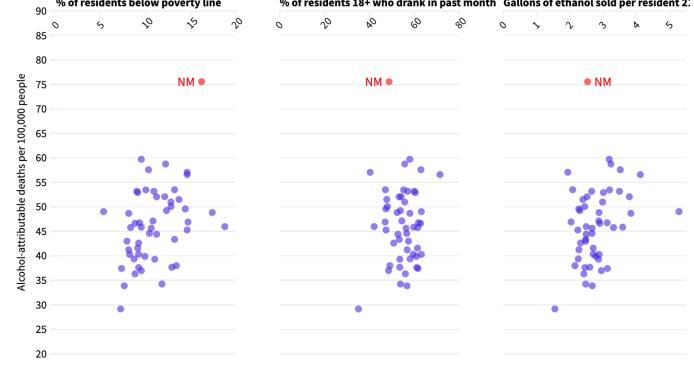
Read it in full: https://nmindepth.com/2022/blind-drunk/

- Reported for New Mexico In Depth, a membersupported, digital-first, nonpartisan news organization.
- Over 150 interviews, data from over a dozen agencies.
- Also published in the Santa Fe New Mexican, Las Cruces Sun News, and other papers throughout the state.
- Supported by grants from the USC Annenberg Center for Health Journalism, the McCune Charitable Foundation, the Con Alma Health Foundation, and the Association of Health Care Journalists.

Conclusion #1: New Mexico has a drinking problem.

- 3x the national death rate
- Causes more deaths than fentanyl, heroin, methamphetamines combined
- More deaths among working-age people than Covid-19



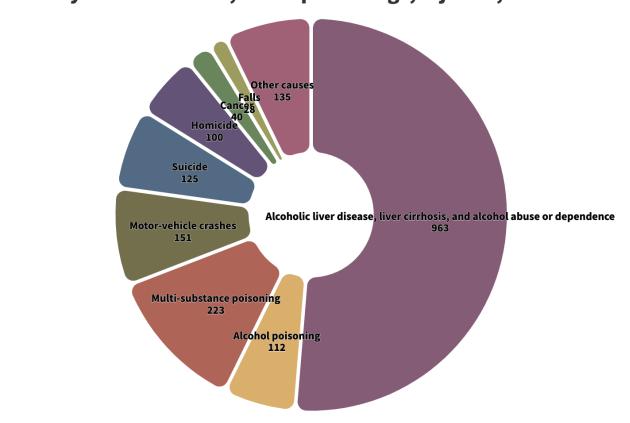


Apparent alcohol consumption in 2019 from the National Institute on Alcohol Abuse and Alcoholism, Alcohol-attributable deaths in New Mexico In Depth 2015-19 from U.S. CDC, Population (2018-20) and share of residents below poverty line (2020) from U.S. Census • Share of residents who had a drink in the past month from the National Survey on Drug Use and Health

Conclusion #2: The problem is not what many people think.

- DWI accounts for only 1 in 10 alcoholattributable deaths.
- Of homicides in NM, 42% of victims had been drinking at time of death.
- Half of deaths due to alcoholic liver disease, cirrhosis, or alcoholic "abuse" or "dependence."

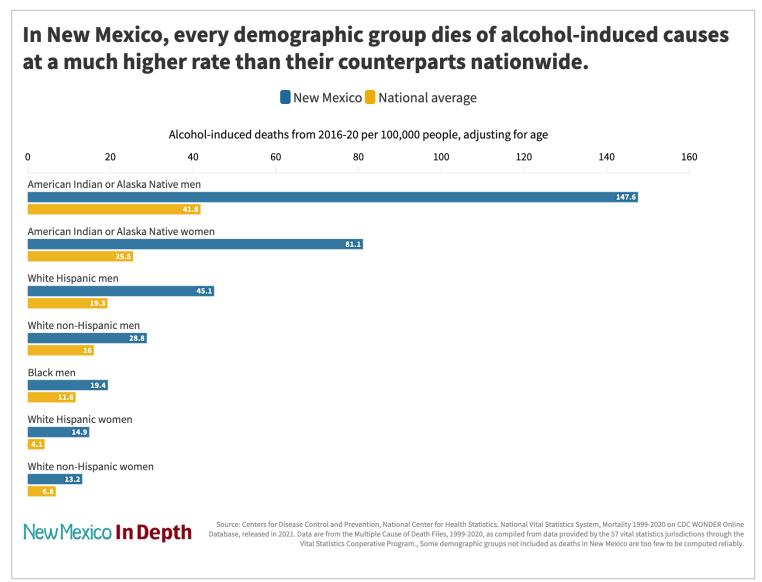
In 2020 there were 1,878 deaths in New Mexico attributable to alcohol, whether by chronic illness, acute poisonings, injuries, or violence.



New Mexico In Depth Source: New Mexico Department of Health, alcohol-attributable deaths include causes of death directly induced by alcohol and an estimated fraction of causes of death where alcohol is known to be involved.

Conclusion #3: The problem is not who many people think.

- Native people have highest rate of alcohol-related deaths— but all demographic groups in NM have elevated death rates compared to peers elsewhere.
- Fastest growth in deaths among women, people ages 25-34.



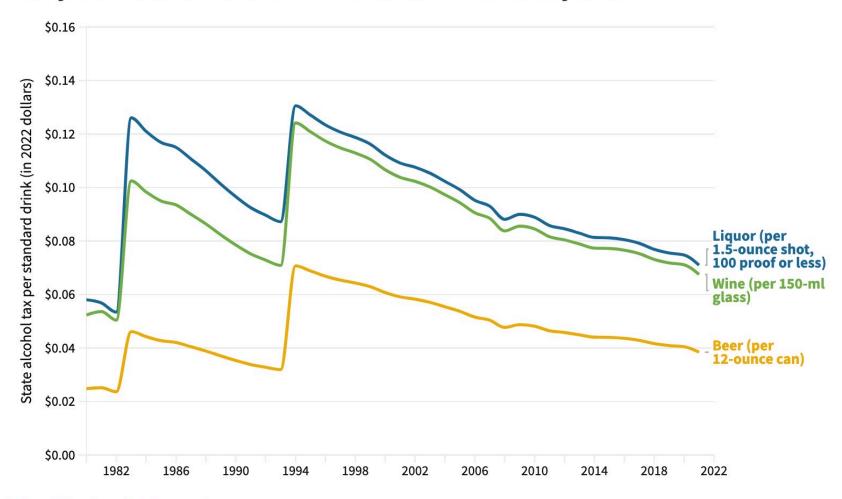
Conclusion #4: The most effective interventions target the whole population, not just "problem drinkers."

- The CDC's Community
 Preventive Services Task Force rigorously reviewed and recommends a handful of measures.
- According to the New Mexico
 Department of Health, of the
 seven recommended measures,
 the state "needs improvement"
 or is moving in the wrong
 direction in more than half.



New Mexico taxes alcohol a fixed amount by volume rather than as a percent of price, so each year as inflation pushes prices higher, it erodes the real tax rates.

Today's tax rates are at their lowest level in at least 30 years.





Conclusion #5: New Mexicans have pushed for action...





Kathleen Vega, left, the mother of 3-monthex-wife of the man who was driving the car old Jovita Vega who was killed in a

that struck the Vegas' van and also died in drunken-driving accident near Gallup in that accident. The meeting took place on the January, tearfully hugs Marcy Christie, the Senate floor Monday.

Gallup Marchers **Arrive With Plea** For Legislation

By John Yaeger

OF THE JOURNAL'S CAPITOL BUREAU

SANTA FE - Hundreds of people desperate for help in fighting McKinley County's severe alcohol problem joined about two dozen others in walking the final miles to the Capitol Monday to lobby legislators and the

The 200-mile march was named "March of Hope -Journey for Jevita," for 3-month-old Jovita Vega, who died January in a drunken-driving accident in Gallup. Jovita's mother, Kathleen Vega, and the ex-wife of the man who drove the vehicle that struck the family's van tearfully addressed legislators and demonstrators is the Senate chamber.

"Please let it stop. Let it stop right now before people get hurt again," Vega said.

Marcy Christie, who was diverced from the drunken driver responsible for Jovita's death, and also was killed in the accident, said her young son has already learned the dangers of alcohol.

"Mom, you have to tell them that you can't drink and drive," she quoted the boy as saying

The demonstrators, many of whom left Gallup Feb. 17, and others who joined along the way, gathered on the Capitol steps shortly before noon. The marchers were undeterred until the end, chanting and carrying

"We've watered the plants in Gallup with our blood. Our winter has lasted too long," organizer David Cone jo told the group.

"Nobody's going to tell us to shut up. Nobody's going to tell us to quit," shouted Vega to the crowd.

Gov. Garrey Carruthers pledged his support in brief comments to the crowd.

"A long problem has led to a long march," Carnuthers

Mayor Edward Muñoz of Gallup said he believes the

unprecedented demonstration has paid off. "I think it already has. We've got enthusiastic

support from our legislators," he said as the group oushed through the Capitol doors. McKinley County's alcohol-related death rate is more than five times the national average of 43 deaths per

Key pieces of legislation, all still in House and Senate

committees, being sought by the marchers would

Restrict drive-up window liquor sales. · Increase the percentage of the liquor tax that goes

to local alcohol-treatment programs.

· Appropriate \$2.3 million in state matching funds for construction of a detoxification facility in Gallup.

...but policymakers rarely listen.

- Revenue from alcohol sales in the state likely tops \$1 billion a year.
- 2,800 businesses profit including restaurants, bars, liquor stores, ski areas, state parks...
- Lawmakers themselves immersed in a culture of drinking.



Albuquerque Rep. Louis won't seek reelection after DWI arrest

NEW:

New Mexico Senate Rules Committee chair Ivey-Soto resigns

Process: moving from data to storytelling

- Reviewed prior evaluations (press, scientific, legislative)
- Obtained data from NM DOT, US NHTSA
- Assessed different ways of controlling for increase in driving, time-periods, outcomes.
- Interviewed current and former agency heads
- Ride-along with New Mexico State Police, attended DWI recovery court, enrolled in DWI school, input from prosecutors, public defenders, probation, advocates, survivors
- Drafting/narrowing
- Repeated (sharper) interviews with agency heads

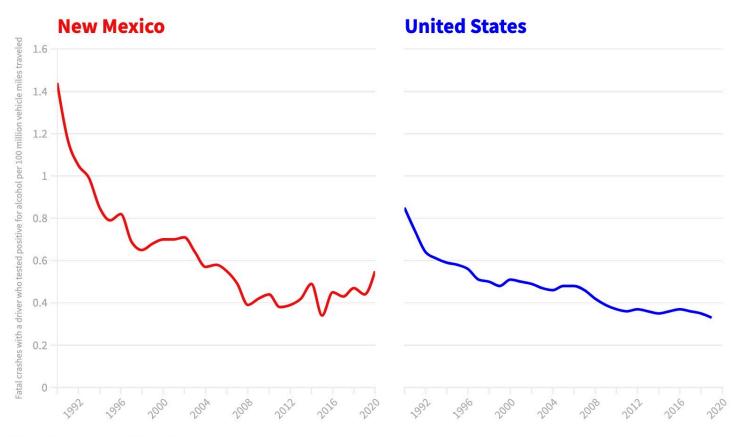
Building a foundation in data >> theory-building >> confirming/complicating it with reporting >> returning to leadership for accountability

DRIVERS INVOLVED IN FATAL TRAFFIC CRASHES BY STATE, YEAR, AND THEIR BAC FATALITY ANALYSIS REPORTING SYSTEM (FARS) 1982-2018 FINAL & 2019 ARF

New Mexico

Year	Drivers Involved	BAC=.00		BAC=.0107		BAC=.08+		BAC=.01+	
	Number	Number	Percent	Number	Percent	Number	Percent	Number	Percent
1982	660	362	55%	42	6%	256	39%	298	45%
1983	622	365	59%	31	5%	226	36%	257	41%
1984	569	324	57%	31	6%	214	38%	245	43%
1985	603	362	60%	37	6%	205	34%	241	40%
1986	589	336	57%	41	7%	212	36%	253	43%
1987	672	390	58%	47	7%	235	35%	282	42%
1988	591	324	55%	39	7%	228	39%	267	45%
1989	640	397	62%	37	6%	207	32%	243	38%
1990	585	339	58%	35	6%	211	36%	246	42%
1991	559	354	63%	19	3%	187	33%	206	37%
1992	546	339	62%	21	4%	186	34%	207	38%
1993	511	315	62%	29	6%	167	33%	196	38%
1994	530	348	66%	26	5%	156	30%	182	34%
1995	577	404	70%	22	4%	151	26%	173	30%
1996	603	417	69%	28	5%	159	26%	186	31%
1997	565	408	72%	23	4%	134	24%	157	28%
1998	508	359	71%	24	5%	125	25%	149	29%
1999	559	400	72%	29	5%	131	23%	159	28%
2000	558	394	71%	29	5%	136	24%	165	29%
2001	570	401	70%	29	5%	140	25%	170	30%
2002	571	403	70%	24	4%	144	25%	169	30%
2003	500	347	69%	26	5%	127	25%	153	31%
2004	628	487	78%	17	3%	123	20%	141	22%
2005	582	442	76%	15	3%	125	22%	140	24%
2006	572	427	75%	20	3%	125	22%	145	25%
2007	496	363	73%	19	4%	114	23%	133	27%
2008	445	340	76%	11	3%	93	21%	105	24%
2009	454	339	75%	13	3%	102	23%	115	25%
2010	447	333	74%	7	2%	107	24%	114	26%
2011	414	314	76%	12	3%	88	21%	100	24%
2012	471	368	78%	12	3%	91	19%	103	22%
2013	391	279	71%	22	6%	90	23%	112	29%
2014	473	345	73%	24	5%	104	22%	128	27%
2015	383	283	74%	12	3%	89	23%	100	26%
2016	506	373	74%	29	6%	104	21%	133	26%
2017	535	406	76%	24	5%	105	20%	129	24%
2018	516	383	74%	29	6%	105	20%	133	26%
2019	559	425	76%	22	4%	112	20%	134	24%

Between 1990 and 2008, New Mexico reduced its rate of fatal crashes involving intoxicated drivers by 70% — but then progress stalled.



New Mexico In Depth Fatal crashes in New Mexico with a driver BAC .01+ from NM Department of Transportation, fatal crashes with a driver involving alcohol nationwide from NHTSA, vehicle miles traveled from FHWA.



Largely left on the cutting-room floor:

- DWI Recovery Court
- APD DWI unit
- Survivors of DWI
- Some advocates

Process: moving from storytelling to data

- Introduced to Steve by one of the state's foremost alcohol treatment centers. In Albuquerque, accepts Medicaid, diverse patient population.
- He was now managing his alcohol disorder but had struggled for 40+ years. Implicated in divorce, job-loss, estrangement from children.
- His primary care clinician never diagnosed his drinking disorder nor referred him for treatment.
- Prescribed a benzodiazapine for long-term use.
- "He told me one time that 'I don't really think you're an alcoholic,' and that always made me feel odd — because in the long-run, I was an alcoholic."

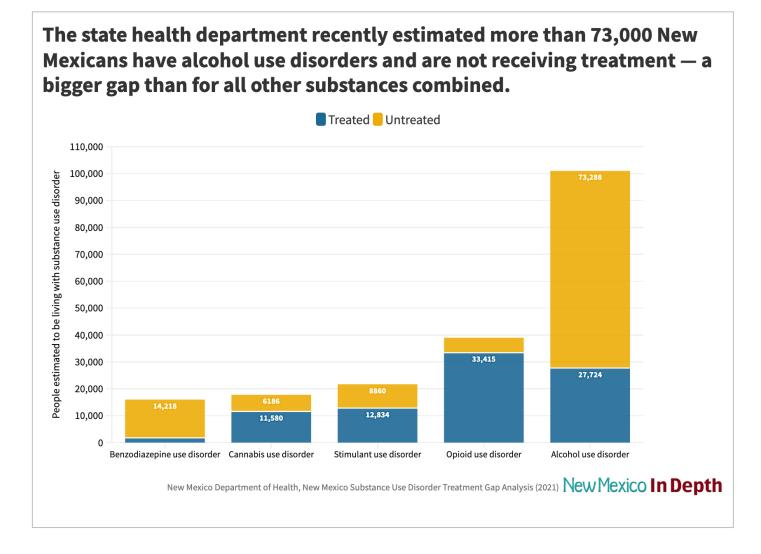
Starting with a hunch >> seeking sources >> listening deeply >> finding unexpected connections in the science >> building out the story



Read it in full: https://nmindepth.com/2022/every-door-is-the-right-door

The most common missed opportunity is in primary care:

- A recent paper found that of people with alcohol disorders, 70% say a doctor asked them about drinking in the last year, 12% say they were counseled to cut down, and just 5% say the doctor offered information about treatment (Mintz et al, 2021).
- According to the CDC's National Survey on Drug Use and Health, 26% of New Mexicans who had a drink in the last month meet criteria for an alcohol use disorder, among the highest share of any state.
- Fewer than 4,000 people in New Mexico have been prescribed naltrexone for addressing addictions including to alcohol, despite the efficacy of the medication.



Mintz CM, Hartz SM, Fisher SL, Ramsey AT, Geng EH, Grucza RA, Bierut LJ. A cascade of care for alcohol use disorder: Using 2015-2019 National Survey on Drug Use and Health data to identify gaps in past 12-month care. Alcohol Clin Exp Res. 2021 Jun;45(6):1276-1286. doi: 10.1111/acer.14609. Epub 2021 May 16. PMID: 33993541; PMCID: PMC8254783.

Additional materials

Help New Mexico In Depth better understand alcohol's role in the state.

Share your story with alcohol

New Mexicans die from alcohol-related causes at a higher rate than anywhere else in the country, and there isn't a clear answer why.

I am a reporter and I spent the last nine months investigating this for New Mexico In Depth. You can read what I found here: https://nmindepth.com/2022/blind-drunk/.

Now I need your help to better understand what's going on and what we can do about it.

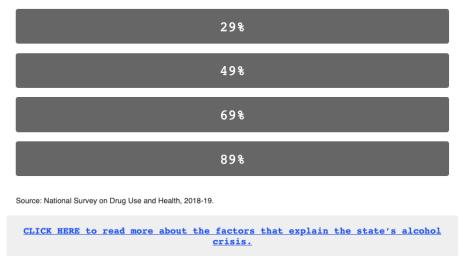
Many New Mexican families struggle with alcohol but the problem has often been neglected. That's partly because of stigma towards addiction: it doesn't always feel easy to share stories about it.

I created this questionnaire to hear directly from people who have been affected by alcohol, either due to their own drinking or that of close friends or family.

I want to learn from your experiences of treatment in New Mexico, obstacles that you confronted, and your thoughts about how both our people and our leaders can create a culture of more responsible alcohol use.

Test your knowledge of alcohol in New Mexico

Q: What share of New Mexican adults drink alcohol?





From the series *Blind Drunk*By Ted Alcorn for New Mexico in Depth
July 24, 2022

ALCOHOL AND YOUR HEALTH

How much is it safe to drink?

People generally overestimate the share of their peers who drink. In New Mexico, a majority of the adult population abstains: just 49% reported having consumed a drink in the previous month.

Drinkers' beliefs about what constitutes safe and appropriate levels of consumption are powerfully shaped by drinkers around them. Hence the old joke, "The definition of an alcoholic is someone who drinks more than their doctor." Allowing norms to guide your behavior is problematic because people tend to associate with people who have similar drinking habits, and heavy drinkers gravitate to heavier drinkers as their companions.

The science is increasingly clear that alcohol use confers <u>no health benefits</u> and any level of consumption poses risks. But there are objective measures for the amount of alcohol you can consume before those risks markedly increase.

Beer, wine, and liquor all contain the same intoxicating ingredient, ethanol, which affects every organ in the body in proportion to the volume one drinks. Due to their different concentrations, a 12-ounce beer (at 5% ABV), a 150 ml-glass of wine, or a 1.5 oz-shot of 80-proof liquor each contain about the same amount of alcohol and are therefore equivalent to one 'standard drink'.

ommend that men limit their consumption to two drinks a day and women to one. That's a more profound impact on women than men: for any given quantity consumed, women reach levels than men and experience more profound effects. The National Institute of Alcohol n defines heavy drinking as 14 drinks a week for men and seven drinks a week for women.

ohol use disorder?

ded the notion that drinkers can be easily divided between those who consume responsibly can't. In 2013, the American Psychiatric Association revised its diagnostic criteria to describe as a continuum ranging from mild to severe, all "characterized by an impaired ability to stop a despite adverse social, occupational, or health consequences."

of tools for diagnosing alcohol use disorder but one of the simplest follows the acronym CAGE:

It you should CUT down on your drinking? NOYED you by criticizing your drinking? It bad or GUILTY about your drinking?

ad an EYE-OPENER in the morning to steady your nerves or to get rid of a hangover?

y two of these questions is highly predictive of having an alcohol use disorder.

tools for quickly $\underbrace{\text{screening your own alcohol use}}_{\text{down}}$ and exploring the risks your current level of your health.

ed one find motivation to change?

nother chronic illness such as diabetes or asthma, a person with an alcohol use disorder may ated to alter their long-standing patterns of behavior.

sa Lindsey, director of clinical services at UNM's Alcohol and Substance Abuse Program, to wait for motivation "can lead to a deepening of unhealthy patterns that can send someone road and possibly a much worse outcome."

amily can encourage the person to find that motivation, but it is generally unhelpful to r shun. According to William Miller, a UNM professor emeritus, "When you tell an ambivalent

Available for download: https://nmindepth.com/wp-content/uploads/2022/07/Alcohol-and-you-.pdf

An ongoing story:

SANTA FE NEW MEXICAN

Raising New Mexico taxes on alcohol up for debate

By Ted Alcorn New Mexico in Depth Oct 1, 2022 29

Lawmakers concerned about New Mexico's worst-in-the-nation rate of alcohol-related deaths are focused on revising how the state taxes alcohol.

Last month, the Legislative Health and Human Services Committee chose an alcohol tax increase as one of its top priorities for 2023, and this week, another committee will hear tax experts present on the topic.

Several top lawmakers agree the state's alcohol taxes should be higher, but they don't know how much to increase them, whether to change how the taxes are levied and what to do with the revenues raised.

"Everyone needs to understand the landscape before we have a serious conversation about how it should be changed," said Rep. Christine Chandler, D-Los Alamos, who chairs the Revenue Stabilization and Tax Policy Committee that meets Thursday and Friday.



Mountain West chief to step down at end of year



Solemn farewell

Coffin of Oueen Elizabeth II leaves City Council delays vote on Plaza cultural events LOCAL & REGION, A-7

SANTA FE NEW MEXICAN

Driven by consumers. inflation now more persistent

Rise in prices beyond food, energy could require Fed to hike rates above 4 percent

WASHINGTON - U.S. inflation is showing signs of entering a more stubborn phase that will likely require drastic action by the Federal Reserve, a shift that has panicked financial market and heightens the risks of a recession. Some of the longtime drivers of highe

inflation - spiking gas prices, supply chain snarls, soaring used-car prices -are fading. Yet underlying measures of inflation are actually worsening.

The ongoing evolution of the forces behind an inflation rate that's near a four-decade high has made it harder for the Fed to wrestle it under control. Price are no longer rising because a few categories have skyrocketed in cost. Instead, inflation has now spread more widely through the economy, fueled by a strong job market that is boosting paychecks, forcing companies to raise prices to cover higher labor costs and giving more consumers the wherewithal to spend.

On Tuesday, the government said inflation ticked up 0.1 percent from July to August and 8.3 percent from a four-decade high of 9.1 percent

INSIDE

hefty cost-of-living increase. PAGE A-2



Rotations: Meet the Artists

Virgil Ortiz, Jacob Fisher, and Lauren YS eing unveiled this fall: 7 p.m.: Meow Wol 1352 Rufina Circle, 505-395-6369; \$5

More events Fridays in Pasatiempo



Rep. Patry Lundstrom, D-Gallur

and chairwoman of the House committee that crafts the state budget acknowledged "we do not have th that profit from selling alcohol and people harmed by consuming

it, and said in the coming session she expected "legislation to come through that is going to cost money. Finance Committee, said he supports criminal justice and economic com-

Experts say raising taxes to make discouraging excessive drinking, but ignored this tool. New Mexico taxes

Locally owned and independent Thursday, September 15, 2022 santafenewmexican.com \$2.50

County Commission OKs subdivision Developers agree to add that Albuquerque-based Price Land Development Group aims to build in roads, receive approval for

710 homes to be built south of city near Rancho Viejo

By Scott Wyland

Increased traffic straining weath, concern residents and Santa Fe County subdivision proposed for the Commu nity College District south of the city. County commissioners on Tuesday

At the urging of Rancho Viejo resi-

dents, however, the County Commission required the developer to install two connecting roads — extensions of Avenida del Sur from A Van Nu Po to N.M. 14, with biking and walking paths and a gravel road between N.M. 14 and

The 277-acre property Wednesday south of Santa Fe where developer are planning to build 710 homes



TIME TO TAKE ON

New Mexico taxes alcohol at a fixed amount by volume rather than as a percent of price, so each year as inflation pushes prices higher, it erodes the real tax rates Today's tax rates are at their lowest in at least 30 years.



State lawmakers say updating long-unchanged rates could help battle crisis the state's alcohol crisis.

By Ted Alcorn

New Mexico in Depth

owerful state lawmakers are signaling their desire to address New Mexico's worst-in-the-nation rate of alcohol-related deaths in the upcoming session, including by hanging how alcohol is taxed. Sen, George Muñoz, D-Gallun

mong the most effective measur

"I really didn't realize how had we were on alcohol deaths until I read all of those articles" said Stewart. "Obviously we're not doing enough to counter it."

alcohol by the volume sold rather than as a percentage of its price, so as inflation pushes up the cost of purchasing alcohol, taxes make up a

'We did what we had to do to get her home'

Man accused in 2012 disappearance of Las Vegas woman takes plea deal, to provide location of remains

By Cynthia Miller and Nathan Ledermai

A man accused of aiding in the 2012 abduction and slaying of teenage mother Cindy Rivera in Las Vegas, N.M., has accepted a plea deal in which he has remains, the distric attorney in San Migue

County announced Wednesday. Under the agreement Anselmo "Chemo Ortiz, 39, will plead guilty to a count of conspiracy to kidnap Rivera, the 4th Judicial

District Attornev's

Office said in a news release. If he fails to lead authorities to Rivera's burial site, the agency said, addi-tional charges he faced will be reinstated The deal exposes Ortiz to a 10-year sentence. His sentencing hearing is expected to be in late October, said

his defense attorney, Julita Leavell of Albuquerque. Leavell said Wednesday she approached the case in an "objective way of trying to find closure for every-body that was involved, and that's what

I think the plea symbolizes "It's not the justice we've sought for all these years" said Cindy Rivera'

Similar stories to tell in other states:

The New Hork Times

Rise in Deaths Spurs Effort to Raise Alcohol Taxes

Alcohol taxes have been stagnant for years. But after the pandemic sent alcohol-related deaths soaring, activists in Oregon said higher taxes could save lives.



Sonja Grove lost her son, Jon, to an alcohol-related death two years ago. Celeste Noche for The New York Times

By Ted Alcorn

Sept. 11, 2022

Oregon is a drinker's paradise. The state boasts more craft

Q&A

SLIDE INTO MY DMS!

